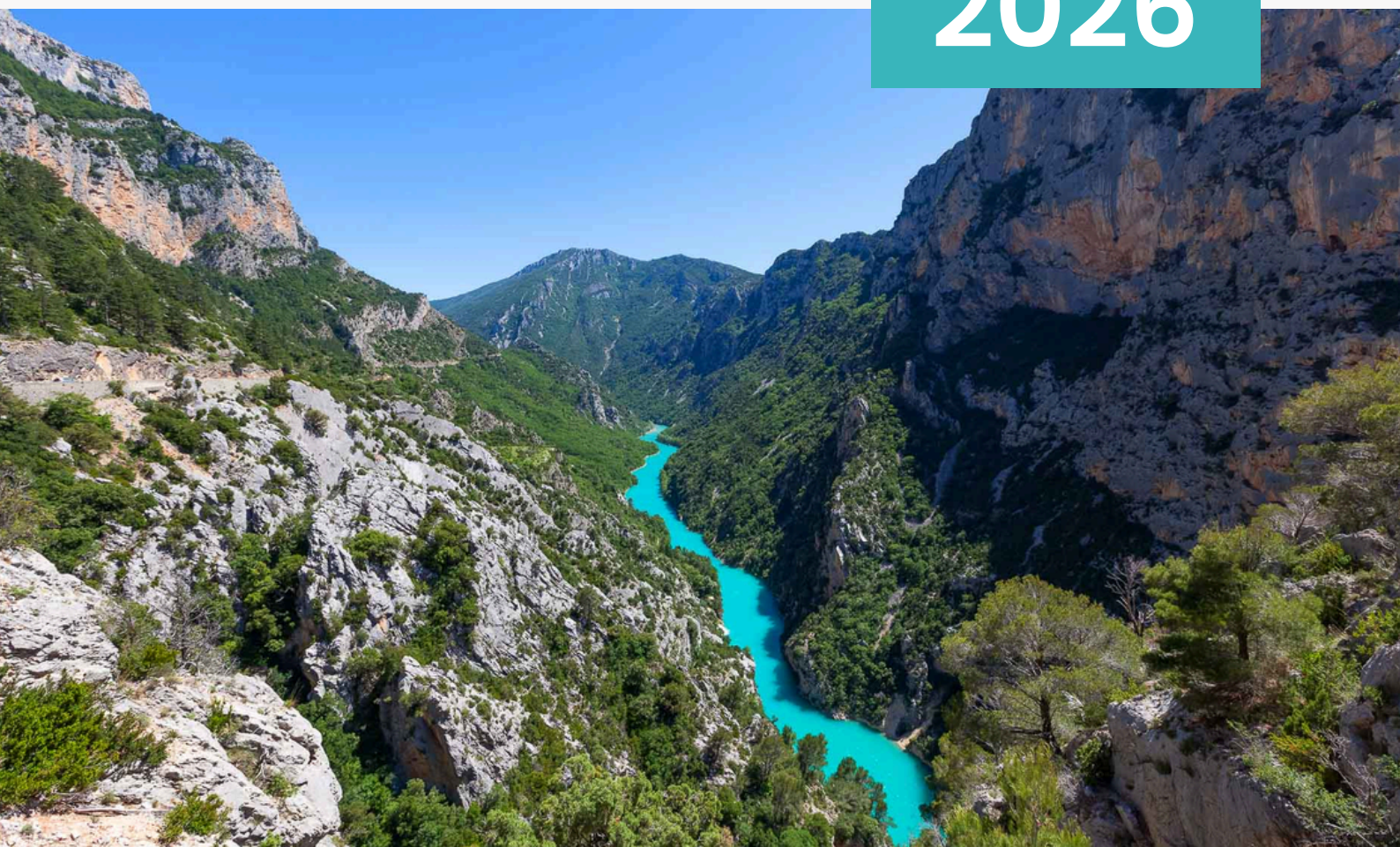


VISITING THE VERDON GORGE

LES MAISONS DU
VERDON 

2026



THINGS TO SEE AND DO

We recommend booking your activities in advance by contacting the providers below directly.

Interactive Map

Check out our interactive map with hiking trails near our hotels, mountain bike rides, great spots and points of interest to discover, cool shops, museums... and complete your research with our suggestions below!

VIEW MAP →



WELLNESS

Enjoy the Cinq Mondes Spa (+33 (0)4 92 77 38 26)

Yoga session with Alexis at the hotel

Yoga session with Manu in the village

<https://www.yogalipettesverdon.com/>+33 (0)6 75 18 82 17



SOUVENIR

Immortalize your stay with a souvenir photo shoot in the landscapes of the Verdon with Marielle, a local photographer.

<https://www.mariellelaubie.com/> +33 (0)6 37 24 17 09



DINING

Le Styx : Your friendly local table in the heart of La Palud-sur-Verdon.

Picnic : We can prepare lunch bags for your adventures! Please order at reception the evening before.



LOCAL CULTURE & VILLAGES

THE SURROUNDING VILLAGES

Moustiers-Sainte-Marie, one of the most beautiful villages in France, a traditional center for earthenware, with its museum, shops, and climb up to Notre Dame de Beauvoir.

(guided tours in July and August, Tuesdays at 10 a.m. and Thursdays at 5 p.m. – Tourist Office +33 (0)4 92 74 67 84)

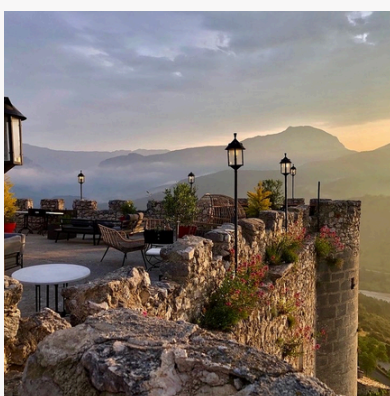
Castellane, at the gateway to the Verdon Gorge, this village is dominated by the Roc, an imposing limestone cliff that you can climb via the discovery trail to the medieval city of Petra Castellana.

Chateauneuf-lès-Moustiers, an old village abandoned after the war and now in ruins, with superb views of the mountains and a fun signposted trail.

Trigance, a typical village with its castle, now converted into a hotel, bell towers, and fountains.

Sainte-Croix-du-Verdon, A Provençal village overlooking the turquoise lake.

Provençal villages : Mane, Forcalquier, Banon, Simiane la Rotonde...



LOCAL MARKETS

Forcalquier on Mondays, Sainte-Croix-du-Verdon on Tuesdays, Aups on Wednesdays and Saturdays, Castellane on Wednesdays and Saturdays, Gréoux-les-Bains on Thursdays, Moustiers on Fridays, Riez on Wednesdays and Saturdays, La Palud-sur-Verdon on Sundays.

MUSEUMS

The Maison des Gorges in La Palud-sur-Verdon, the Faience in Moustiers, the woodturners in Aiguines, prehistory in Quinson, Alexandra David Nell in Digne-les-Bains, Salagon (museum and garden) or the Château de Sauvan in Mane, Playmobil in Bauduen (Art in Toys), the L'Occitane factory in Manosque, the Olive Tree Ecomuseum in Volx, the Distillery Museum in Barème, the perfumers' trail in Grasse...



The heritage of Haut-Verdon

The Citadel of Entrevaux – Vauban city, the stronghold of Colmars, Annot



Playful

The film Verdon Secret in Gréoux-les-Bains

Agricultural operations and farms

La Bergerie de Faucon : A rehabilitation center for youth in difficulty through zoology, managed by Father Guy Gilbert (afternoon visits and daily mass – please check for schedules).

Domaine de Valx : Workshops & visits for all ages (summer only). Learn how to make your own cheese, local cooking classes, etc. Check the program and schedules (July/August only) at www.parcduverdon.fr or call +33 (0)4 92 74 68 00.

Sortie avec Raoul : Outing with Raoul: Observation and explanations on the reintroduction of vultures in the Verdon.

<https://raoulraftingverdon.com/sortie-vautours-du-verdon/>
+33 (0)7 84 85 58 13



VERDON

WITH FAMILY

EASY AND ACCESSIBLE HIKES

- The ruins of Chateauneuf-les-Moustiers: Hike to the village ruins and reach the cave with the small chapel (discovery guide available at the Tourist Office).
- Le Pont de Tusset: Access via the "Sentier du Lézard" (Lizard Trail).
- Saint-Maurin: Guided tour only (mandatory booking: +33 (0)4 92 77 30 50).

L'ART EN JOUET – TOY AND PLAYMOBIL MUSEUM IN BAUDUEN

SPORTS & WATER ACTIVITIES

(Please contact the guides mentioned above for age requirements, safety, and conditions)

FARM VISITS

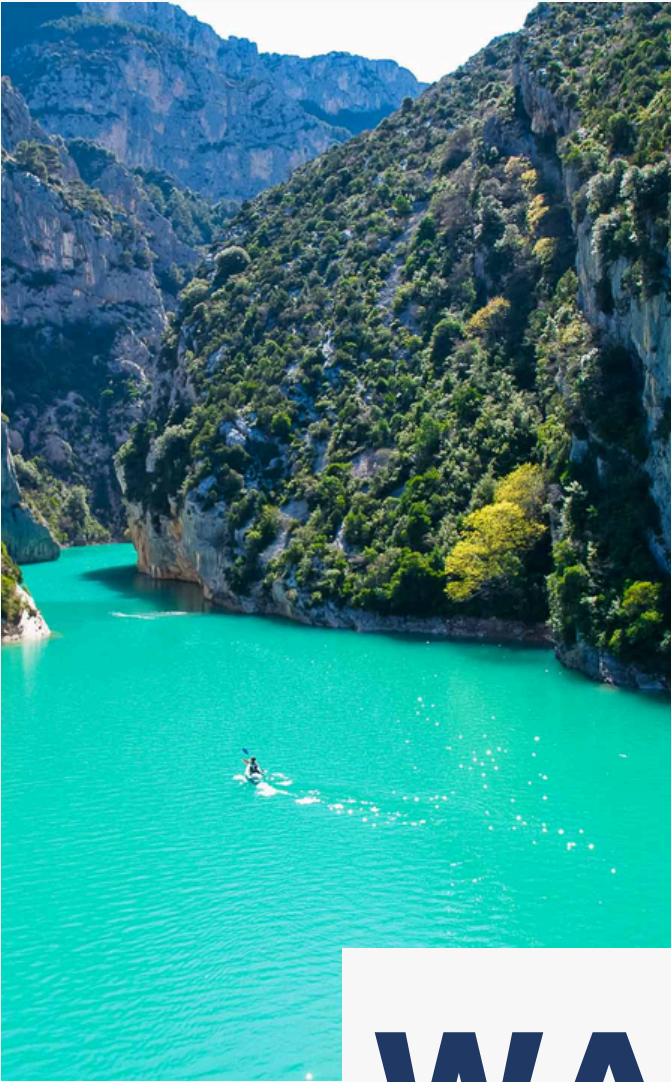
See the listings above

LE JEU DES PIRATES – ESCAPE GAME IN CASTELLANE

(from 3 years old) - +33 (0)7 63 47 37 12

ACCROBRANCHE (TREETOP ADVENTURE) – ON THE ROAD TO CASTELLANE

www.adventure-forest.fr - +33 (0)4 92 83 03 00



WATER ACTIVITIES

PEDALO & ELECTRIC BOATS

On lake Sainte-Croix, entering the Gorges :
Without reservation – waiting time vary depending on the season, departing from the Galetas Bridge. With online booking at **Surf Center in Les Salles-sur-Verdon**
<https://surfcenter.fr/>

On the “Basses-Gorges” (Lower Gorges) by reservation only with **Yannick** (located after Montpezat): +33 (0)6 08 54 50 02

CANYONING

Bruno

<https://www.guidesaventure.com/fr/page/38>
(mountain guide)+33 (0)6 70 76 03 36

Pascal

<https://www.aventures-et-nature.com/canyoning.html>
+33 (0)6 46 33 35 31

Roman

<https://www.vertical-verdon.fr/>
+33 (0)6 37 98 25 83

Mathieu

<https://www.lescanyonsduverdon.com/>
+33 (0)6 37 75 88 20

RAFTING, HYDROSPEED, AQUA RANDO OU FLOATING

Buena Vista : www.buenavistarafting.com/ +33 (0)4 92 83 77 98

Aboard Rafting : <http://www.rafting-verdon.com/> +33 (0)4 92 83 76 11

OFF THE BEATEN TRACK

Verdon descent, a unique and thrilling experience:

Ride the Verdon, <https://ridetheverdon.com/> +33 (0)6 77 93 69 89

Pack Raft : <https://www.secret-river.com/> +33 (0)6 60 22 56 63

SAILING AND BOATING

Surf Center aux Salles sur Verdon : <https://surfcenter.fr/> +33 (0)7 62 61 06 24

Voile et Aviron dans le Verdon : <https://www.voileverdon.fr/> +33 (0)4 92 77 76 51

FISHING

Fishing in the Verdon:

- With Yohann: +33 (0)6 50 42 82 05
- With Christophe: +33 (0)6 07 14 51 14

SPORT AND EXPLORATION

HIKING

880km of trails starting from the village, with various levels and difficulties. www.cheminsdesparcs.fr or on the Visorando app. For more comfort, hire a professional guide: **Karine Benoldi** at +33 (0)6 07 47 44 91 / karine.rocnvol@gmail.com

Blanc-Martel trail – The most famous hike in the Verdon Gorges (15 km, 5 to 7 hours) between Chalet de la Maline and Point Sublime.

L'Imbut trail – A challenging hike in the heart of the canyon (approx. 9 km round trip, 4 to 5 hours) starting from Chalet de la Maline, in the wildest part of the Gorges.

Bastidon trail– A beautiful panoramic hike overlooking the Verdon Gorges (approx. 8 km, 3 to 4 hours) with spectacular views of the canyon.

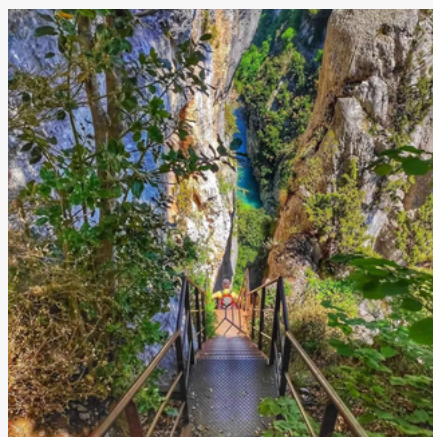
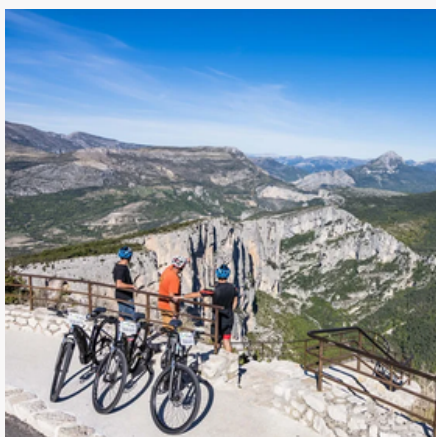
BIKE RENTAL

Verdon e-bike à la Palud : Electric bikes to discover the "Route des Crêtes" and mountain bike (MTB) guide. <https://verdonebike.pagesperso-orange.fr/> +33 (0)6 88 10 91 73

Bike service (Moustiers-Sainte-Marie) MTB rental for adults and children <https://www.moustiersbikeservices.com/> +33 (0)6 42 18 58 86

THE ESSENTIAL – NOT TO BE MISSED !

The Route des Crêtes: A 23km scenic loop along the edge of the Verdon Great Canyon, to explore by car or electric bike. Contact Guillaume or Pascal at **Verdon E-Bike**: +33 (0)6 88 10 91 73.



GET A BIRD'S-EYE VIEW

Take to the skies to experience the Verdon in a whole new way: from above, along the cliffs... or under the stars.

PARAGLIDING

Roc'n'Vol (Moustiers-Sainte-Marie):

<https://www.rocvol.com/> +33 (0)6 89 30 75 74

Verdon Passion (Moustiers-Sainte-Marie) :

<https://www.verdon-passion.com/> +33 (0)6 08 63 97 16

Aerogliss (Saint-André-les-Alpes) :

<http://www.aerogliss.com/> +33 (0)4 92 89 11 30

ROCK CLIMBING

La Maisons des Guides <https://www.escalade-verdon.fr/>

+33 (0)4 92 77 30 50

L'Instant Verdon <https://linstantverdon.com/>

+33 (0)6 89 85 53 81

Verdon Escalade <http://www.verdonescalade.com/>

+33 (0)9 63 59 75 51

Des Guides pour l'Aventure <https://www.guidesaventure.com/fr/>

+33 (0)6 85 94 46 61

Aventures et Nature <https://www.aventures-et-nature.com/canyoning.html>

+33 (0)6 46 33 35 31

BUNGEE JUMPING

Jump from the highest bridge in Europe!

Online booking : <https://www.latitude-challenge.fr/elastique>

TREETOP ADVENTURE (ACCROBRANCHE)

Experience adventure in the trees at Adventure Forest:

www.adventure-forest.fr - +33 (0)4 92 83 03 00

ASTRONOMY

Verdonaute : Discover the exceptionally preserved night sky of the Verdon during an observation evening.

<https://verdonaute.fr/> - +33 (0)6 78 45 92 59

GUIDED TOURS

Anne Siaudeau (Provisito): A local expert and native of the region, who will share the fascinating history of the Verdon with you!

+33 (0)6 82 93 88 72 - provisito@outlook.fr - <https://provisito.fr/>

TAXIS

Pascal - La Palud-sur-verdon : +33 (0)6 68 18 13 13

Benjamin - Moustiers-Sainte-Marie : +33 (0)6 07 37 33 78

Arnaud - taxi Verdon : +33 (0)6 20 32 87 47

SHUTTLE SERVICE (SENTIER BLANC-MARTEL)

To book your seat on the shuttle for the Blanc-Martel trail:

<https://navette.parcduverdon.fr/>

FOR MORE INFORMATION, YOU CAN ALSO CONTACT

Tourist offices:

La Palud-sur-Verdon <https://www.verdontourisme.com/> +33 (0)4 84 32 04 04

Moustiers-Sainte-Marie <https://www.moustiers.fr/> +33 (0)4 92 74 67 84

Online activity bookings :

Verdon secret <https://verdonsecret.com/>

This list is non-exhaustive.

Please note: We do not take any commission on your bookings; we simply recommend high-quality service providers.

LES MAISONS DU
VERDON  50 ans d'histoire(s)
1973 - 2023



STYX
LA PALUD - VERDON


HÔTEL & SPA
DES CORGES DU VERDON

**HOTEL
LE PROVENCE**

PRENDRE DE LA HAUTEUR

Prenez de la hauteur pour découvrir le Verdon autrement : dans les airs, sur les falaises... ou sous les étoiles.

VOL EN PARAPENTE

Roc'n'Vol (Moustiers-Sainte-Marie):

<https://www.rocnvol.com/> 06 89 30 75 74

Verdon Passion (Moustiers-Sainte-Marie) :

<https://www.verdon-passion.com/> 06 08 63 97 16

Aerogliss (Saint-André-les-Alpes) :

<http://www.aerogliss.com/> 04 92 89 11 30

ESCALADE

La Maisons des Guides <https://www.escalade-verdon.fr/>

04 92 77 30 50

L'Instant Verdon <https://linstantverdon.com/>

06 89 85 53 81

Verdon Escalade <http://www.verdonescalade.com/>

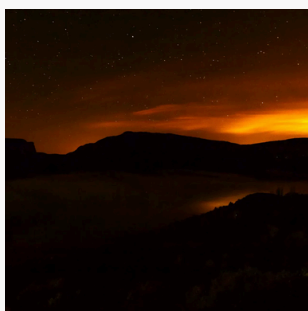
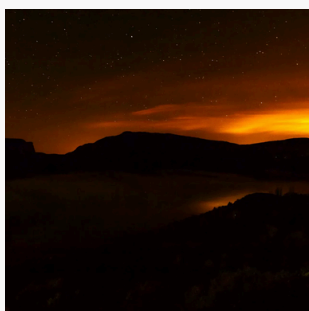
09 63 59 75 51

Des Guides pour l'Aventure <https://www.guidesaventure.com/fr/>

06 85 94 46 61

Aventures et Nature <https://www.aventures-et-nature.com/canyoning.html>

06 46 33 35 31



SAUT À L'ÉLASTIQUE

Du plus haut pont d'Europe

(réservation en ligne : <https://www.latitude-challenge.fr/elastique>)

ACCROBRANCHE

De l'aventure dans les arbres en accrobranche sur

www.adventure-forest.fr - 04 92 83 03 00

SOIRÉE ASTRONOMIE

Verdonaute : Découvrez le ciel exceptionnellement préservé du Verdon lors d'une soirée d'observation.

<https://verдонаute.fr/> - 06 78 45 92 59